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PC: 9

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Timothy W. Fitzgerald
SPOKANE COUNTY CLERK

SUPERIOR COURT OF WASHINGTON
COUNTY OF SPOKANE

In re the Marriage of: **SIRINYA SURINA** **Petitioner,** **And** **AARON MICHAEL SURINA** **Respondent.**	**No.** 17-3-01817-0 CURRICULUM VITAE NICHOLAS R. WIARDA, PsyD

SEE ATTACHED

KEITH A. GLANZER, P.S.
2024 W. Northwest Blvd.
Spokane, WA 99205
Telephone: 509-326-4526
Facsimile: 509-324-0405

Curriculum Vitae

Nicholas R. Wiarda, PsyD

400 S. Jefferson, Ste 451
Spokane, WA 99204
P: 509-210-0022 F: 509-972-6505 E: nick@nrwpsychology.com
WA Psychologist License: PY 60525386

EDUCATION

8/2014 **Doctor of Psychology, Clinical Psychology**
Graduate Department of Clinical Psychology **(APA Accredited)**
George Fox University, Newberg, Oregon
Conferral Date: August 23, 2014

5/2011 **Master of Arts, Clinical Psychology**
Graduate School of Clinical Psychology **(APA Accredited)**
George Fox University, Newberg, Oregon

5/2007 **Bachelor of Arts, Religious Studies**
University of Dayton, Dayton, Ohio
Minors: Spanish and Entrepreneurship

PROFESSIONAL PSYCHOLOGY EXPERIENCE

3/17-Present **Northwest Psychology, LLC**
Spokane, WA
Independent Practice
Clinical Specialty: Treatment of occupational injury and disease
Forensic Specialty: Expert witness and forensic psychological/neuropsychological evaluations for civil, criminal, and family law matters.
*Paneled for Department of Labor and Industries and Division of Disability Determination Services.

7/17-Present **Advanced Medical Group**
Contracted IME/IMR Provider

8/17-Present **Medical Consultants Network**
Contracted IME/IMR Provider

7/18-Present **University of Washington Department of Psychiatry and Behavioral Sciences**
Spokane, WA
Psychotherapy Supervisor, Psychiatry Residency

9/14-4/19 **Yakima Valley Farm Workers Clinic**
Unify Community Health in Spokane, WA
Primary Care Behavioral Health Consultant
Spokane, WA
Behavioral health representative for corporate evidence-based guidelines workgroup

7/17-1/18 **American Behavioral Health Services**
Spokane, WA
Psychological consultation and evaluation for inpatient chemical dependency treatment. Population served is primarily DOSA patients.

SUPERVISED CLINICAL EXPERIENCE

9/14-9/15 **Postdoctoral Fellowship**
Unify Community Health, Northeast Clinic
Yakima Valley Farm Workers Clinic
Spokane, WA
Description:

- Postdoctoral fellowship in the Primary Care Behavioral Health model of integrated care.

8//13-8/14 **Internship**
Mann-Grandstaff/Jonathan M. Wainwright VA Medical Center Joint Internship Program
Spokane and Walla Walla, WA
Completion Date: August 23, 2014
Rotations: Neuropsychology, Health Promotion and Disease Prevention, the Veterans Trauma Recovery Program, Primary Care-Mental Health Integration, and General Behavioral Health.
Description:

- Generalist training in urban and rural psychology through two VA medical centers.
- Populations served are rural and urban, adult veterans of the United States military.
- Serve as a consultant to the developing Primary Care Integration service at the Mann-Grandstaff VA.
- Clinical focus on developing skill in ACT, Interpersonal Therapy, and Prolonged Exposure for PSTD.

5/11- 6/13 **Practicum II/Pre-Intern**
Providence Medical Group
Behavioral Health Consultant- Primary Care
Medical Staff Privileges
Rotations: Neurology, Neuropsychological Assessment (Psychiatry), Internal Medicine, Family Practice.
Population: Child, Adolescent, Adult and Geriatric Medical Patients

5/11-6/13 **Supplemental Practicum**
Providence Newberg Medical Center
Consultation Team Behavioral Health Intern
Medical Staff Privileges
Rotations: Emergency Department, Medical-Surgical, Intensive Care

8/10-5/11 **Practicum I**
Health and Counseling Center, George Fox University
Student Therapist

6/10-7/10 **Supplemental Practicum**
Stenzel Clinical Services, Ltd.
Wheaton, IL
Student Intern

9/10-5/11 **Supplemental Practicum**
International Student Process Group- George Fox University
Group Co-facilitator

8/09-5/10 **Pre-Practicum**
Student Therapist
George Fox University

PROFESSIONAL EXPERIENCE

The Wiarda Group, LLC 3/2012-10/2016
Owner, Managing Member
Collaborators: Scott Miller, PhD; Mark R. McMinn, PhD, ABPP/CL
Products/Services: **Therapy Outcome Management System (TOMS)**
Description: Initiated and coordinated the design, development, piloting, and publishing of a software application (App) for use on Apple iPad, iPhone an iPod touch. TOMS is used to measure, provide instant feedback, report outcomes and alliance, and provide evidence of therapeutic effectiveness in psychotherapy and

behavioral health consultation. Measures used are the Outcome Rating Scale (ORS) and Session Rating Scale (SRS) which facilitate Feedback Informed Treatment (FIT). FIT was validated by the US SAMHSA (Substance Abuse and Mental Health Services Agency) in January, 2013 as an Evidence Based system for tracking patient outcomes.

PEER REVIEWED PUBLICATIONS

Wiarda, N.R., McMinn, M.R., Peterson, M.A., Gregor, J.A. (2013) Use of technology for note taking and therapeutic alliance: a brief report. *Psychotherapy.*

McMinn, M.R., Vogel, M.J., Bufford, R.K., Gerdin, T.A., Goetsch, B., McKinley, M., Mitchell, J. K., Peterson, M.A., Seegobin, W., Taloyo, C., **Wiarda, N.R.** (2014) Religious and Spiritual Diversity Training in Professional Psychology: A Case Study. *Training and Education in Professional Psychology.*

PRESENTATIONS

Wiarda, N.R. (June 23, 2018). Mental Health Care and Diabetes. Presentation made for staff training at Camp STIX, a summer camp for children and adolescents with diabetes. Cusick, WA.

Hawley, P., **Wiarda, N.R.** (June 21, 2018). Primary Care Behavioral Health Skills Review: Research and Rationale to Commonly Used Interventions in the Primary Care Setting. Continuing education presentation made at the Washing Council for Behavioral Health annual conference. Kennewick, WA.

Wiarda, N.R., Schloemer, J.A. (April 11, 2018). Trauma and PTSD: Practical Applications for Case Managers. Continuing Education presentation made at the Case Management Society of America, Inland Northwest Chapter Meeting. St. Luke's Rehabilitation Institute, Spokane, WA

Wiarda, N.R. (November 30, 2017). Effective Use of Forensic Psychological Evaluations. Continuing law education presentation made to the Spokane Bar Association. Gonzaga University School of Law, Spokane, WA.

Wiarda, N.R., Foster, L., Turgesen, J., Ambroson, H., Modrell, J., Simons, J., Peterson, M. (2013, August). Development of consultation services for providers of suicide risk and chronic pain patients. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.

Peterson, M., Canning, S., Oyemaja, J., Casillas, V., & **Wiarda, N.** (2012, April).

Psychologists in primary healthcare: The new frontier. Symposium presented at the annual meeting of the Christian Association for Psychological Studies, International in Portland, OR.

Gerdin, T., **Wiarda, N.,** Crowl, H. (April, 2013). *Religious Commitment and Life Satisfaction with Older Adults.* Poster Session presented at the international annual meeting of the Christian Association for Psychological Studies, International in Portland, OR.

Wiarda, N.R., McMinn, M.R., Peterson, M.A., Gregor, J. (2012, August) *Therapist use of technology and its effects on therapeutic alliance in integrated behavioral health.* Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.

Wiarda, N.R., McMinn, M.R. (2012, August) *The impact of electronic tracking on therapeutic outcome and alliance.* Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.

Heyne, L.K., **Wiarda, N.R.** (2012, August) *Early and established PCPs appraisal of integrated behavioral health services.* Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.

Irvine, M.J., **Wiarda, N.R.** (2012, August) *Referral follow up for chronic pain management in a rural ED: A consultation.* Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.

McMinn, M.R., Vogel, M.J., Bufford, R.K., Gerdin, T.A., Goetsch, B., McKinley, M., Mitchell, J. K., Peterson, M.A., Seegobin, W., Taloyo, C., **Wiarda, N.R.** (2012, August) *Religious and spiritual diversity training in professional psychology.* Symposium presented at the annual meeting of the American Psychological Association, Orlando, FL.

BOOKS

McMinn, M. R., & **Wiarda, N.R.** (2012). Psychological and spiritual health: Upon reflection. Chapter update for *Psychology, theology, and spirituality in Christian counseling* (revised edition). Wheaton, IL: Tyndale House Publishers.

RESEARCH EXPERIENCE

2013 Reviewer/Rater: APA Division 38 Clinical Health Services Council

- Reviewed and rated relevant scientific literature to assist lobbying efforts aimed at demonstrating the relevance of the practice of clinical psychology to medicine and to biological health. The CHSC is a group within Division 38 that addresses matters pertaining to the practice of health psychology, and more generally to the translation of the science of health psychology into practical applications in the field. This involves offering opinions on a wide variety of matters pertaining to the application of behavioral health principles to the medical setting.

2010-2012 Doctoral Dissertation, Defended with Full Pass; The effect of therapist use of technology on therapeutic alliance. George Fox University, Newberg, Oregon.
Committee Members: Mark R. McMinn, PhD, ABPP/CL (Chair), Mary A Peterson, PhD, ABPP/CL, Joel A Gregor, PsyD
Final Defense Passed: May 23, 2012.

2010-2013 Research Team Member: George Fox University, Newberg, Oregon
Chair: Mark R. McMinn, PhD, ABPP/CL
Meet bi-monthly to discuss and evaluate progress, methodology, and design of group and individual research projects.

- Assist team members in research design, data collection, and analysis.
- Areas of team focus: Technology in professional psychology, Integration of psychology and Christianity; spirituality; positive psychology of food; technology in professional pastoral care; religion; and barriers to psychotherapy; sehnsucht in geriatric populations; evidence-based practice for the treatment of anorexia nervosa.

CONSULTATION

Providence Newberg Medical Center 10/2011-2013
Description: Provided consultation to ED to facilitate the identification, referral, and treatment follow up of chronic pain patients considered high-utilizers by the ED.

George Fox University RA Training: Suicide and College Students 11/2011
Description: Provided psychoeducation talk to resident assistants at traditional four year undergraduate university. Talk covered student-suicide risk and protective factors, how to identify students at risk, and appropriate responses.

C.S. Lewis Academy 6/2011
Description: Collaborated with principal of private K-12 school to develop

psychoeducational curriculum and identify appropriate developmental periods to introduce curriculum to students.

RELEVANT TEACHING EXPERIENCES

2011-2012 Lecturer
Undergraduate Level Course: Introduction to Psychology- George Fox University, Psychology Department, Newberg, Oregon
Cognitive-Behavioral, Humanistic, and Psychodynamic Approaches to Psychotherapy

2011 Teaching Assistant
Graduate Level Course: Cognitive-Behavioral Therapy- George Fox University, Graduate Department of Clinical Psychology, Newberg, Oregon

2011 Teaching Assistant
Undergraduate Level Course: Advanced Counseling- George Fox University, Psychology Department, Newberg, Oregon

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ACADEMIC SERVICE

Member of GDCP Admissions Team 2009-2012
Description: Working on team of faculty and students to review applications, rank applicants, offer and conduct interview to candidates, assist in conducting interview day for candidates, and offer admission to qualified applicants.

PROFESSIONAL AFFILIATIONS

2009-Present	American Psychological Association
2009-Present	Society for Health Psychology
2013-Present	Association for Contextual Behavioral Science
2013-Present	Collaborative Family Healthcare Association
2014-Present	National Register of Health Service Psychologists
2015-Present	Washington State Psychological Association
2017-Present	American Psychology-Law Society
2017-Present	Society for Clinical Neuropsychology

SELECTED AWARDS AND HONORS

2014	Outstanding Dissertation Award, George Fox University GDCP
2012	Michael Warner Ministry and Service Award, George Fox University
2011	Distinguished Student, Selected by faculty, George Fox University GDCP

REFERENCES

Available upon request.